Second Annual Alumni Day

Come spend an evening in the company of new and old friends and mentors!

☆ When: October 15th, 2009
   At 6:00 pm
☆ Where: Health Education Office
   Rome Building #G6
   626 Gilbert Road
   Storrs, CT 06269
☆ What: Light dinner and LIPSYNC
☆ Health Education invites you to attend LIPSYNC with us and cheer for your favorite groups. We also welcome you to come see the office and catch up with new and old friends and mentors.

R.S.V.P. Information:
Please RSVP by October 10th by sending an email to: healthed@uconn.edu.
If you are attending, the subject of the email should read “Attending Alumni Day” and the number of people. E.g. “Attending alumni day–2 people” If you are attending please provide us with your name, the name of your guest, your contact phone number and information on any food restrictions you may have. If you are not attending the subject of the email should read “Not Attending Alumni Day”.

A light dinner will be provided.
We hope to see you then!

H1N1 FLU UPDATE

Health Education has been busy this summer and fall working on H1N1 flu preparedness. We have spearheaded a communication campaign on behalf of the Department of Wellness and Prevention Services. Here are a few things one can do to prevent H1N1 in work spaces and/or shared spaces:

**What to clean**
Clean anything touched or handled by office staff, including doorknobs, phones, file drawers, computer keyboards and mice, desk surfaces, printers, staplers, tape dispensers, paper cutters, copiers, chair arms, refrigerators, microwaves etc.

**How to clean**
For surfaces that are not visibly dirty, clean with a commercial product that is both a detergent (cleans) and a disinfectant (kills germs). For visibly dirty surfaces, wash with a general household cleaner (soap or detergent), rinse with water, and follow with a disinfectant. Pay attention to any hazard warnings and instructions on the labels for using personal protective items such as household gloves.

Use sanitizing cloths to wipe electronic items that are touched often, such as phones, computers, and remote controls.

**When to clean**
The influenza virus can survive on environmental surfaces for up to 8 hours after being deposited. Don’t assume that the end of the day is the best time to clean! Particularly for offices with multiple workers in one day, consider adopting a cleaning schedule based on shifts rather than work days.

For more info:
http://www.flu.gov/individual/pafacts.html

Health Education is a part of the Department of Wellness and Prevention Services

**Update us!! We would love to know what you are doing so we can put you on our Alumni Page and in our next newsletter. Email us with updates at healthed@uconn.edu !!**
Health Education Alumni Updates

Recent Updates

♦ Congratulations to Theresa Matos on getting engaged. She is also working as a Health Promotion Assistant at Alice! Health Promotion Program at Columbia University.

♦ Christina Lazar is currently working as a Research Assistant at Yale University School of Public Health doing health policy and cost effectiveness research.

♦ Stephanie Muehlenthaler graduated in Spring 2009 from the HESA (Higher Education and Student Affairs) program. She is currently working as the Learning Community Coordinator at Franklin College in Lugano, Switzerland.

♦ Katie Agostine graduated with a Master of Education degree from the University of Bridgeport.

♦ Aurora Hannigan is working with Impact Northwest, an anti-poverty non-profit organization based in Portland, Oregon. She coordinates afterschool programs and parent involvement at Kelly Elementary School in Portland.

♦ Kasey Dunn has graduated from UCONN with a Master of School of Education degree.

♦ Congratulations to Sarah Vincent on getting engaged to Andy Gorge who is also a UCONN graduate.

♦ Andrea Wilson graduated with Master of Public Health degree with a concentration in community health education from Southern Connecticut State University. She is currently working as the communications manager at Rudd Center for Food Policy and Obesity at Yale University.

♦ Stephanie Muehlenthaler graduated in Spring 2009 from the HESA (Higher Education and Student Affairs) program. She is currently working as the Learning Community Coordinator at Franklin College in Lugano, Switzerland.

We wish everyone the best on their future endeavors.

In Their Own Words:

This is a new feature that will be included in each Liverwire, where we highlight alumni thoughts on how Health Education or UCONN has prepared/helped them to be where they are today. Here is what two of them had to say:

♦ Aurora Hannigan: “I have to organize a large group of volunteers and Joleen is a definite inspiration for keeping a large group on task and focused.”

♦ Andrea Wilson: “My interest in public health began and was fostered at UConn and as a Sexpert. Health education is a vital component of changing health behaviors, in addition to policy changes.”

If you would like to submit your thoughts please email healthed@uconn.edu. Look to the next Livewire to see more!

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